



Trustees' Annual Report for the period

From		Period start date			Period end date		
	01	Jan	2018	To	31	Dec	2018

Section A Reference and administration details

Charity name TAVY DISTRICT U3A

Other names charity is known by

Registered charity number (if any) 1159196

Charity's principal address 2 West Park, The Crescent

Crapstone

Tavistock, Devon

Postcode 20 7PS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Palmer	Chair	01/01/18 – 31/12/18	The AGM of Members
2	Paul Ward	Vice Chair	01/01/18 – 31/12/18	The AGM of Members
3	Randall Williams	Treasurer	01/01/18 – 31/12/18	The AGM of Members
4	Liz Heaton	Secretary	01/01/18 – 31/03/18	The AGM of Members
5	Barry Smith	Membership Sec	01/01/18 – 31/12/18	The AGM of Members
6	Caroline Paskins	Group Liaison	01/01/18 – 31/12/18	The AGM of Members
7	Andrew Paskins	Speaker Sec	01/01/18 – 31/12/18	The AGM of Members
8	Christine Playdell		01/01/18 – 31/12/18	The AGM of Members
9	Robin Neave	Secretary	01/03/18 – 31/12/18	The AGM of Members
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution: Adopted 5 th March 2014
How the charity is constituted (eg. trust, association, company)	Unincorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by members at the Annual General Meeting held in March.

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none">• policies and procedures adopted for the induction and training of trustees;• the charity's organisational structure and any wider network with which the charity works;• relationship with any related parties;• trustees' consideration of major risks and the system and procedures to manage them.	<p>Annual training days plus Charity Commission Guidance Notes.</p> <p>Tavy District U3A is a member of the Third Age Trust. This provides general, legal and insurance guidance. Tavy District U3A has a management committee of trustees and meets every two months or as needed.</p> <p>Local area network of other nearby U3As (Two Moors Network).</p> <p>There are no major risks. Trustees are all voluntary and receive no remuneration or other benefits.</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The charitable purpose of the U3A is to advance the education of people not in full time gainful employment who are in their third age (being the period of time after the first age of childhood dependence and after the second age of full time employment and/or parental responsibility) residing in the Tavistock area with preference to postal codes PL19 and PL20. There are no restrictions as to background, ethnicity, religion, sex or experience.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity keeps in mind the Charity Commission's guidance on public benefit in the provision of its monthly speakers and organises small groups under leaders/facilitators to study various subjects and to pursue common interests and activities. It has over 50 different groups who meet regularly. It fosters the belief in continual learning through later life. Members can join whichever study/leisure groups they select thus providing a stimulus to physical and mental activity, well-being and social interaction.

The charity operates on a mutual aid, self-help basis and draws on the expertise and knowledge of its members to foster co-operative contributions from those interested. It is an organisation of men and women who regularly gather together to share their experiences, knowledge, philosophies, values and ideas. They learn from each other. It is a forum for the growth of the human spirit, the development of friendships and the exploration of ideas to enrich the quality of life in the Third Age.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The groups are led by facilitators who are not necessarily experts. The management committee can sanction small start-up/seed corn grants to new groups to purchase materials if required; it also has access to the resources centre of the Third Age Trust.

There are no investments or special projects but the charity periodically organises or participates in conferences and study days with other U3As.

All group leaders and committee members/trustees are volunteers and do not receive any fees or remuneration is paid.

Summary of the main achievements of the charity during the year

During a busy and successful year the membership was steady at 440 members with 97 new members having joined since January 2018. Tavy District offers 55 different interest groups at different levels to suit members and which include languages, discussion, classical music appreciation, gardening, play reading, bird watching, Bridge, Mah Jong and pétanque, plus a special weekenders group. 15% of our members are leading a group or activity and new groups such as the extra French group have started as a result of newer members being encouraged to set up similar groups.

In addition to the interest groups there were a wide range of social activities and visits, theatre trips, garden visits, walks, quizzes, skittles and a holiday.

The monthly speaker programme also broadens the range of subjects available to our members and included talks on the House of Lords, the Trials and Tribulations of a Surgeon, Driving for Longer and The Life and Loves of a Shoplifter to name but a few. Such a varied range of topics ensures that the monthly meetings are very well attended.

All Tavy District members are also invited to attend Speaker Days hosted by other U3As in the surrounding areas.

For the physically active four walking groups have 365 square miles of Dartmoor (not to mention the delights of Cornwall as well) to explore with four walks per month plus cycle rides both locally and on the SW Cycle Trails.

There are free opportunities for leaning on line through the U3A and MOOCs – short courses set up by universities for distance learning and local lecture days offered by fellow U3As thus enhancing the educational facilities open to members.

A ‘new members coffee morning’ provides an informal gathering at which newly joined members meet group leaders and trustees which helps ‘break the ice’ on joining the organisation and enable explanation of the philosophy of the charity.

This year has been especially busy for the trustees with having to ensure compliancy with GDPR. Various new policies have been introduced whilst others have been revisited in the light of all the new regulations.

A special mention also needs to be made of the variety of ways in which the members are made aware of events, groups, legalities etc. The website is growing in popularity and is often mentioned by new members who are new to the area and our newsletter is very well received.

Section E Financial review

Brief statement of the charity's policy on reserves

Cash reserves are held at the bank in current accounts. The level of reserves is sufficient to meet unanticipated expenditure but the Trustees policy is not to hold a higher level of reserves than is necessary.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The source of funds is the annual membership fees.

Expenditure is used to support the various study/activity groups pursued by members, for facilities, materials, running expenses and equipment and to pay for speakers.

There are no investments other than cash held at banks.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	David Palmer	Robin Neave
Position (eg Secretary, Chair, etc)	Chair	Secretary

Date